



TWO CRANES AIKIDO

WINTER SEMINAR JANUARY 26-28, 2024

Mary Heiny Sensei, 7th Dan

Joanne Veneziano Sensei, 7th Dan

Kimberly Richardson Sensei, 7th Dan

Melissa Bell Sensei, 6th Dan

Celebrating Resilience, Joy and Connection!

Full seminar \$200/\$185 before 12/20/23

Friday \$55 | Sat or Sun single class \$65

8512 20th Ave NE, Seattle, WA 206.523.5503 www.twocranesaikido.com

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